

Ki Stone Dojo weekly training schedule

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Dojo Address: 23601 North Highway 1
Fort Bragg, CA 95437

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday <i>Aikido</i> 9am -11am
	<i>Iaido</i> 12:30pm - 1:30pm		<i>Iaido</i> 12:30pm - 1:30pm			
	<i>Youth Aikido</i> 4pm - 5pm	<i>Lil Samurai</i> 3:30pm - 4:30pm	<i>Youth Aikido</i> 4pm - 5pm			
<i>Qi Gung</i> 6pm - 7pm	<i>Body Awareness</i> 6pm - 6:30pm	<i>Bokken / Jo</i> 6pm - 7:00pm	<i>Body Awareness</i> 6pm - 6:30pm		<i>Kobojutsu</i> 4pm - 5:30pm	
<i>Kobojutsu</i> 7p- 8:30pm	<i>Aikido-Basics</i> 6:30pm - 7:30pm	<i>Iaido</i> 7:15pm -8:15pm	<i>Aikido-Basics</i> 6:30pm - 7:30pm			
			<i>Aikido-Advanced</i> 7:30pm- 8:30pm			

NOTE: Closed on most major holidays. Please contact dojo to inquire about other dates the dojo may be closed.