



HON SHA ZEE SHONEN

Understanding Honshazeshonen

Compiled by Shawn Headley from various of internet websites.

Honshazeshonen (pronounced Hon-Sha-Zee-Show-Nen) is a Japanese word used in Reiki energy circles, and the Kanji character used is described as "The Distance Symbol". It has many translations depending on how it is used and who is defining it. It represents the pureness of thought, the pureness of intent. It may be thought of as a greeting when beginning a distance Reiki treatment similar to "the enlightened being in me greets the enlightened being within you". Also translated as "The Buddha in me greets the Buddha in you" or "The awakened heart in me greets the awakened heart in you". Honshazeshonen literally means five different things: source or origin, people, the right or truth, certainty or correctness, and an idea. Honshazeshonen energy is known for curing problems related to psychology and mental trauma and can slowly remove the cause of disturbance. Primarily used to send energy channels in a distant space or time. It can be sent into the "future", where it will store up like a battery, to be accessed in time for you or others who will be needing it. It can also be sent into the "past", to heal issues from earlier in this lifetime, or to past life issues that affect you or others now. When connection is declared and honored, a state of Divine Union can be shared regardless of the physical distance or time. This energy connects to the Akashic Records (the life records of each soul), and can be used to heal karmic patterns or tendencies that have manifested as disease in the body or that have resulted in mental trauma, emotional pain or distress. It is seen as one of the most useful and powerful energies used in Reiki.